

RS200 Sprint Regatta - 19th April 2026

SAILING INSTRUCTIONS

The Organising Authority is Helensburgh Sailing Club (HSC)

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The regulations of PeelPorts Clydeport and also of the Clyde Dockyard Port (King's Harbour) will apply – see SI Addendum A.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 11:00

3 COMMUNICATIONS WITH COMPETITORS

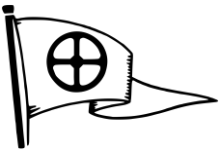
- 3.1 Notices to competitors will be posted on the official notice board located at <https://helensburghsailingclub.co.uk/open-events/2026-events> and on the Official Notice Board in the main clubroom of the HSC Clubhouse.
- 3.2 The race office is located in the HSC Clubhouse
- 3.3 [DP] [While racing][From the first warning signal until the end of the last race of the day], except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE


- 5.1 Signals made ashore will be displayed from the flagpole located on the grass outside the HSC Clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.



6 SCHEDULE OF RACES

- 6.1 1st Start 12:00
- 6.2 Subsequent races will start as soon as possible after the last finisher
- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 3 minutes before a warning signal is made.
- 6.4 No warning signal will be made after 16:00.

7 CLASS FLAGS

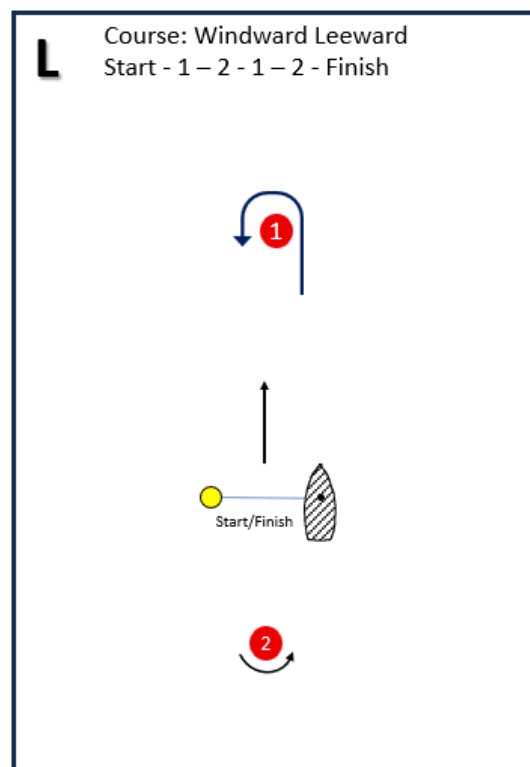
- 7.1 The class flag is Numeral 1 : 

8 RACING AREA

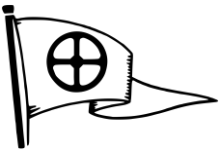
- 8.1 The race area will be between Rhu Marina and Helensburgh Pier on the Clyde estuary, approximately 1 mile from the Clubhouse.
- 8.2 Details will be addressed at the briefing, but competitors should be ready in sufficient time to make their way to the race area

9 COURSES

- 9.1 The course will be Windward/Leeward with a leeward mark as shown:-



- 9.2 Competitors shall assume all rounds will be sailed, however if the Committee Vessel and/or RIB displays flag "S" competitors should round mark 2 NOT directly from mark 1



10 MARKS

10.1 Marks will be inflatable race marks. Details will be addressed at the briefing.

11 OBSTRUCTIONS

11.1 The following:- an overflow pipe to the east of the club slipway, marked at its outer end by a pole with X on it; and outlying rocks at and beyond Kidston Point to the east of the sailing club when below half tide.

11.2 Between the breakwater at Rhu Marina and the Green Mark off the marina entrance.

12 THE START

12.1 Races will be started using a 3, 2 1 go sequence (This changes RRS 26):

Minutes before starting signal	Visual signal	Sound signal	Means
3	Class flag	One	Warning signal
2	P, I, Z, Z with I, U, or black flag	One	Preparatory signal
1	Preparatory flag removed	One long	One minute
0	Class flag removed	One	Starting signal

12.2 The starting line will be between the mast or staff displaying an orange flag on the Committee Vessel and an inflatable race mark on the CV's Starboard side.

12.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12.4 A boat that does not start within 2 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 CHANGE OF THE NEXT LEG OF THE COURSE

13.1 Courses will not be modified during a race.

14 THE FINISH

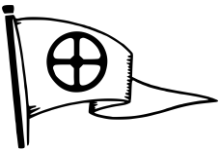
14.1 The finishing line will be between the mast or staff on the committee vessel (CV) and an inflatable finishing mark on the Port side bow of the CV.

14.2 After finishing and clearing the finishing line, boats shall keep clear of the finishing area and of all boats not yet finished.

14.3 Boats should note that the bottom mark 2p shall be left to port before passing through the finishing line as per 9.2

15 PENALTY SYSTEM

15.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.



16 TIME LIMITS [AND TARGET TIMES]

16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
7	30	5

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place [one][two] more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).
- 16.5 The Race Committee may give a finishing place to any one design boat as follows:-

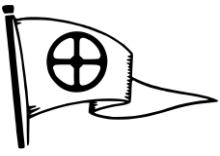
When a race committee boat displays **flag W with two sounds**, boats that have not yet finished may be given a finishing place anywhere on the race course, at a nearby mark or not. A RIB flying Flag "W" passing a boat with one sound signal will signify that a boat has been awarded a finishing place and she shall immediately sail back to the starting area.

17 HEARING REQUESTS

- 17.1 For each class, the protest time limit is 30 minutes after the last boat arrives ashore. The time will be posted on the official notice board.
- 17.2 Hearing request forms are available from the Race Office in HSC.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located the Race Office located in HSC. Parties to each protest are requested to remain in the vicinity.
- 17.4 RRS 62.2(a) and 66.2(a) do not apply.
- 17.5 The right of appeal from a protest committee decision is denied as provided in rule 70.5 (a).

18 SCORING

- 18.1 The scoring system is the Low Point System as per rule A4.
- 18.2 1 race is required to be completed to constitute a series.



18.3 No discards apply

18.4 Rule A5.3 applies.

19 SAFETY REGULATIONS

19.1 Rule 40.1 shall apply. All competitors shall wear a personal flotation device at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. Wet suits and dry suits are not considered personal flotation devices.

19.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Failure to do so may incur a [DP]

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1 Substitution of competitors is not allowed without prior written approval of the race committee

20.2 Substitution of damaged or lost equipment is not allowed unless authorised in writing by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

21 EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

21.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

22 SUPPLIED BOATS – NOT USED

23 OFFICIAL VESSELS

23.1 The CV will be notified at the briefing

24 SUPPORT TEAMS – NOT USED

25 TRASH DISPOSAL

25.1 Trash may be placed on any official boat or support boat. The penalty for breaking Rule 47, Trash Disposal, is at the discretion of the protest committee and may be less than disqualification.

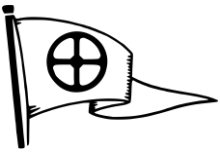
26 BERTHING – NOT USED

27 HAUL-OUT RESTRICTIONS – NOT USED

28 DIVING EQUIPMENT AND PLASTIC POOLS – NOT USED

29 PRIZES

29.1 Prizes will be awarded based on the number of entries. With fewer than 5, 1st only; with 5-10 boats 1st & 2nd and if over 10 will include a 3rd prize.



30 RISK STATEMENT

30.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

31 INSURANCE

31.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident.

SI ADDENDUM A

KING'S HARBOUR REGULATIONS

Racing will take place within waters forming part of the Clyde Dockyard Port and is subject to the regulations imposed by the King's Harbourmaster for the Port.

These regulations stipulate a Restricted Channel which may from time to time be closed to leisure vessels to allow safe passage of major naval units which include Trident submarines. **Channel closure is signalled by red and green lights displayed on a mast at Rosneath Point, and also at Rhu Hangers between the Sailing Club & Rhu Marina** and is managed by MOD Police launches and RIBs to ensure compliance.

Notification of any likely closures will be intimated at the briefing, committee vessels in the vicinity. Competitors are REQUIRED to comply with all instructions issued in respect of Channel Closure and must, if necessary, sail or paddle clear of the channel if instructed to do so. Failure to comply with this instruction will result in protest by the Race Committee and likely disqualification.